Child's name:		
Child's form:		



## . Lunch Menu Lent Term 2018: Week 3: weeks commencing: 22/01, 12/02, 12/03

	Monday	Tuesday	Wednesday	Thursday	Friday	
Main meal	Bangers and mash (best pork sausages served with creamy mashed potatoes)	Moussaka (slow cooked lamb and vegetables baked between layers of potatoes & aubergines)	Honey roast gammon	BBQ Chicken wrap (chicken portions slowly cooked in a sweet and sticky BBQ Sauce)	Cod goujons (battered strips of cod served with ketchup and lemon wedges)	
Vegetarian	Mexican bean burrito (A baked tortilla wrap filled with Mexican beans and rice served with salsa and cheese)	Sweet Pepper and cherry tomato pizza (A thin base pizza with a naturally sweet tomato & red pepper sauce topped with mozzarella)	Homemade vegetarian scotch egg (egg wrapped in a homemade vegetarian "sausage meat" coated in golden breadcrumbs	Pasta in a rich tomato sauce (penne pasta served in a fresh tomato sauce served with grated parmesan cheese)	Homemade vegetable sausage roll (a puff pastry roll with a savoury homemade vegetarian sausage filling)	
Jacket Potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato	
	Jacket potatoes served with a choice of tuna, cheese, baked beans and cold meats					
Potatoes/Rice/Pasta	Tortilla chips, mash potato	Herby potatoes	Roast potatoes	Potato wedges garlic bread	Chips	
Vegetables	Meals will be served with seasonal vegetables or salads					
Salad bar	A selection of seasonal salads					
Dessert	A selection of cakes and desserts to include homemade fruit crumble	A selection of cakes, bakes and desserts	A selection of cakes and desserts to include Homemade gingerbread	A selection of cakes, bakes and desserts	A selection of cakes and desserts to include Homemade chocolate brownie	
	In addition there will also be a selection of yoghurts, jellies and a fresh fruit platter available					

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